



SEM CHEN T'HAM CHE DE WA DANG DE WAY GYU DANG DEN PAR GYUR CHIK
May all sentient beings have happiness and the root of happiness.

DUK NGAL DANG DUK NGAL GYI DANG DRAL WAR GYUR CHIK
May they be free from suffering and the root of suffering.

DUK NGAL ME PAY DE WA DAM PA DANG MIN DRAL WAR GYUR CHIK
May they never be separate from the highest bliss, which is without suffering.

NYE RING CHHAK DANG DANG DRAL WAY TANG NYOM CHHEN PO LA NE PAR GYUR CHIK.
may they come to rest in the great impartiality,
Which is free of attachment and aversion to those near and far.

